

Hahn Ob-Gyn Associates

Endometrial Biopsy

What is an Endometrial Biopsy?

A method used to study the lining of your uterus. A sample of lining is taken in the doctor's office. This takes a few minutes. You will be asked to sign a form giving your consent for this procedure.

Reasons for Endometrial Biopsy

Endometrial biopsy may help pinpoint the certain problems. These include:

- Bleeding too often
- Very heavy periods
- Very irregular periods
- Trouble getting pregnant
- Bleeding after menopause

The Procedure

- You lie on an exam table with your knees bent, just as you would for a pap test.
- A special tool (speculum) is inserted into your vagina to hold it open. This is the same tool that is used during a pelvic exam or Pap test.
- A small tube is passed through your cervix into your uterus. It is normal to feel cramping when his is done. Tell your doctor if you feel severe cramping or are uncomfortable.
- The doctor takes a tiny sample of the uterine lining. The tube and speculum are then removed. The sample is sent to the lab to be studied.

After the Procedure

You'll rest on the table until you're told you can get dressed. For a few hours, you may still feel some mild cramping. This can often be relieved with over-the-counter pain medications. You may have some bleeding for a few days. You can wear a pad, but don't use tampons unless your doctor says it's OK. You may be told not to have sex for one or two days.

Call your doctor if you have any of the following:

- *Severe cramping or pain that doesn't go away with pain medication*
- *Heavy bleeding (more than a pad an hour)*

Please call if you have any questions: 314-344-8100